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**CANADIAN RETAILERS
JUMPING ON
BLACK FRIDAY**
{pages 32-33}

'JUST A HUNCH'

DIRECTOR DISCUSSES CASTING WILLIAMS AS MARILYN MONROE

{page 27}



EDMONTON

metro

Thursday, November 24, 2011
www.metronews.ca



News worth
sharing.

Stuffed. Bus



► Virginia Park School students, from left, Kelsey Nice, Alecia Hack and Kailey Oubre, bring non-perishable food donations to launch the annual Stuff A Bus campaign yesterday.

All aboard the season of giving

The 17th annual ETS Stuff A Bus campaign runs Dec. 1 to 3 at all Save-On-Foods locations in the city. The Edmonton Food Bank is aiming for 30,000 kilograms of food to feed the 15,000 people they serve every month through their hamper program.

EPS targets cruiser crashes

- Officers reminded they're accountable for on-duty collisions
- Internal newsletter says cops at fault in 125 of 183 crashes this year



HEATHER
MCINTYRE
@METRONEWS.CA

Throughout his career, Edmonton Police Service Supt. Brad Doucette has seen his fair share of car crashes involving cruisers.

And while there haven't been any major injuries in the last few years, some current numbers are troubling him.

There have been 183 collisions involving EPS this year — 80 per cent in non-emergency situations.

"I believe that we should be setting the example as far as good driving habits," said Doucette, adding 125 of the crashes, most of which have been minor, were preventable.

Edmonton Police Association president Sgt. Tony Simioni said not only do police operate a complex vehicle, including a radio and computer, it's mostly a young

workforce.

"Every call that comes in is like it's the end of the world," said Simioni. "We need more seniority back on the streets."

While Doucette said the collisions are "all over the map," 30 per cent of officers only have between three and five years of experience, which is why education is necessary.

After 217 collisions last year — 25 per cent involving backing up — officers took a driving course.

Because of the numbers staying steady this year, a number of educational videos, along with more mandatory driving training set for February, are planned.

Officers also need to be reminded to analyze every situation before enacting the part of the Traffic Safety Act that allows them to exceed speed limits, said Doucette.



► Brad
Doucette

Policing the police

- An analysis is done of every crash involving an EPS member and cruiser, and will result in a ticket and fine if necessary.
- Officers also face demerits like any other driver, while there are also internal demerits.
- There isn't an official tally on the cost of the crashes this year, but Doucette estimated hundreds of thousands of dollars.



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Tough budget decisions ahead

Requests for funding came in all forms yesterday as nearly 100 Edmontonians made their case for the 2012 budget.

On the operating side, service cuts needed to limit the tax hike to 4.5 per cent, or \$77 for the average homeowner.

And while some begged the city not to stop planting flowers and cleaning their alleyways in the spring, others came with large capital requests.

Scona Pool, Whitemud Equine Centre, the Telus World of Science, iHuman Youth Society and the Winspear Centre made their cases — and weren't alone.

"It's going to be challenging for us," said Coun. Kim Krushell. "Because most of what we heard asked us to fund more rather than less."

Krushell said capital requests are important to look at in terms of construction costs now and operating costs later, while the operating budget might require more of a tax hike in order to maintain current services and add others.

She plans to push for a 0.5 per cent tax increase to push neighbourhood renewal back up to two per cent, while also supporting plans for a north-west police campus and new officers.

Council begins budget deliberations tomorrow.

HEATHER MCINTYRE



► Hospital patient Darlene Blyan, centre, and friends smoke outside the 114 Street entrance at University of Alberta Hospital.

Smoking bylaw outside hospital not working: Study

► Study shows patients, U of A Hospital staff still smoking outside ► Every health facility in province to be on board with enforcement by June 2013



LUCY HAINES
EDMONTON@METRONEWS.CA

Darlene Blyan has been grabbing a smoke outside the University of Alberta Hospital at least twice a day while a patient.

"There's always people smoking out here," she said. "Staff know I'm out here — not one has said anything to me about it."

A recent study of both the U of A Hospital and Health Sciences Centre in Winnipeg, involving interviews with nearly 200 staff

members, patients and others, showed that enforcing no-smoking policies alone isn't working.

Study co-author Barry Finegan, chair of the department of anesthesiology and pain medicine at the U of A, said patients need smoking-cessation options too. "I'm optimistic we'll make progress," he said.

Barb Olsen, director of addiction and mental health with population and public health at Alberta Health Services, agrees a smoke-free policy is a first step, but so too is training

Butting out

- The six-month study shows custodial staff in both Edmonton and Winnipeg collect between five and 10 pounds of cigarette butts outside the buildings every day.
- A ban on smoking outside hospitals and health facilities

health workers about nicotine withdrawal, offering comfort measures, and referring to community resources for cessation where requested.

ties was put in place by Capital Health in 2005. A new, more widespread policy was declared by AHS back in April.

- Council recently voted in favour of amending Edmonton's public places bylaw to include butting out around playgrounds, arenas and parks.

"Hospitals are just coming on line with these measures; the intent is there and we're moving in the right direction," she said.

1

news


Out of all Republicans seeking the presidential nomination, 76-year-old Ron Paul is having the most success with voters under 30. Scan the code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web

A Canadian film about the experiences of war correspondents has made the short list of 15 documentaries in the running for an Oscar. Video at metronews.ca/video

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BUDGET BANTER

No health premiums: Redford

The province will not reintroduce health-care premiums, Premier Alison Redford said yesterday.

Cabinet ministers Doug Horner and Ron Liepert had raised the possibility this week,

saying they were not ruling out bringing back premiums in a different form, although they wouldn't elaborate.

The premiums, which would cost about \$1,000 per family a year, are worth about \$1 billion a year to the provincial treasury. They were phased out almost three years ago.

Redford says the government is pursuing all other avenues to balance the budget by 2013-14.

THE CANADIAN PRESS

Ginger Beef recall in effect

A Calgary-based company that sells precooked Asian foods is grappling with possible Listeria contamination and has shut down its plant and recalled products in five provinces.

Ginger Beef Corp. said yesterday that it is working with retailers from British Columbia to Ontario to pull the affected foods from store shelves. It has also shut down its entire production line in Calgary to do a complete

30 The number of years Ginger Beef has been in business without a similar incident, the company's VP of operations says.

wash-down.

The company is working with the Canadian Food Inspection Agency to review its operations and ensure food-handling safety.

THE CANADIAN PRESS

Mill Woods attacks likely connected: Police

Edmonton police are looking for a man they say assaulted a woman in Mill Woods on Tuesday night and could be the same man who stabbed another

person in the area on Nov. 11.

The suspect is described as a dark-skinned male in his late teens to early 20s, between five-foot-eight and five-foot-10, with a skinny build and short dark brown hair.

Anyone with information should call police or Crime Stoppers.

● METRO

Child poverty report a 'serious wake-up call'

► Despite improvements, recession still affecting Albertans, report says
► Number of children in low-income families has risen 40 per cent



HEATHER MCINTYRE
@METRONEWS.CA

With five kids between the ages of nine months and seven years, Edmonton mother Amie Johnston and her husband can use all the assistance they can get.

She credits her in-laws with helping the family to keep their home, as well as the very clothes on their backs.

A report released yesterday proves her case that it's tough for many families out there, as child poverty has risen 40 per cent.

"It's hard to really think about it because we're all going through it in different ways," says Johnston, whose husband is a government worker and university student.

The report, written by John Kolkman, research co-ordinator of the Edmonton Social Planning Council, says there were 53,000 children living in poverty in 2008 and 73,000 in 2009, proof that many are going without today, he said.

"For all Albertans and our provincial government, this report should be a very serious wake-up call," says Bill Moore-Kilgannon of Public Interest Alberta.

Kolkman says a provin-



► John Kolkman of the Edmonton Social Planning Council, left, and Public Interest Alberta's Bill Moore-Kilgannon discuss the results of a new study on child poverty at a press conference in Edmonton.

cial child tax benefit "that would parallel" the federal one "would be a very, very effective way to lift children out of poverty."

Other solutions Kolkman suggests include hiking the minimum hourly wage to at least \$10.25, strengthening early child care and more — creating a comprehensive poverty-reduction strategy, something seven other provinces have.

On the edge

► Of the children living below the low-income cutoff, 47 per cent have parents who work full time.

► One in four employed Albertans earns less than \$15 an hour.

► Poverty rose to eight per cent from 3.4 per cent for

two-parent households, while 16 per cent of single-parent families are living in poverty.

► The report was a joint effort between the ESPC, Public Interest Alberta and the Alberta College of Social Workers.

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Lotto pullout costs millions

Dave Johnston is kicking himself for pulling out of a lottery pool that's about to cash in a lucky ticket for \$30 million.

The steamfitting instructor at Red Deer College in central Alberta used to play regularly with plumbing teachers he sat with in the school's lunchroom every day.

But he pulled out over a year ago.

"It's hard to stay in," said Johnston, who added he kept putting in his cash but the pool wasn't winning big. He eventually decided it just wasn't going to happen.

"And then it does."

Seven of the plumbers won last week's Lotto 6-49 jackpot.

Johnston said he found the plumbers hugging each other and dancing around soon after they realized they had the win-

\$4.3M The men, each set to pocket about \$4.3 million, are to be officially introduced at a Western Canada Lottery Corp. news conference today.

ning numbers.

"I walked over and said, 'What did you do? Win a hundred bucks?'"

Johnston said he was happy to learn his co-workers were new millionaires. And he offered them a quick proposal.

"I said, 'Well, if each of you give me a \$100,000, then I can retire, too.'"

"I thought I'd throw it out there," Johnston said. "I didn't have any bites."

THE CANADIAN PRESS



For more news, visit metronews.ca/edmonton

Funding extends more help to city's homeless

► Mayor announces money for Boyle Street as part of Violence Reduction Action Plan ► Six outreach workers to provide an increased presence

LUCY HAINES/FOR METRO



► Ken Desjarlais, seen outside Boyle Street Community Services yesterday, comes to the downtown centre for coffee and connections, which will be made easier thanks to funding that will expand outreach.



LUCY HAINES
EDMONTON@METRONEWS.CA

The city is addressing its violence by providing \$360,000 to Boyle Street Community Services, and it couldn't come at a better time than at the start of what could be a brutal winter, according to Mayor Stephen Mandel.

At the funding announcement yesterday, Mandel said people on the street need a friend more than anything.

"It makes a difference.

It's a preventive piece that connects street people to the services they need," he said.

The funds are to expand outreach services, especially for homeless with intensive needs due to mental illness or substance abuse.

Outreach worker Aidan Inglis said it's vital for him to build a relationship and trust with the homeless, meeting people in parks, the river valley, Old Strathcona and even at the library, where some go to

warm up or get some sleep.

"We meet people wherever they are, and when they're ready to make a change, we can help," he said. "Even seeing the same faces every day matters. The need is vital."

Ken Desjarlais, a seasonal worker whose back injury left him without a job or home, said Boyle Street has been a place to make friends, get a coffee and look into housing.

"It has helped me get my mind clear," he said.

Taking action

- More than half of the people involved in homicides this year sought help from homeless agencies, which is why outreach was identified in the Violence Reduction Action Plan.
- The city's 10-year plan to end homelessness has housed more than 1,500 people in three years.
- The cost in policing and health care for one homeless person is estimated at about \$200,000 per year.

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Edmonton awarded 2013 Brier

Edmonton has been awarded the 2013 Tim Hortons Brier to be held March 2-10 at Rexall Place.

Edmonton last hosted the Brier in 2005 when Tim Hortons began its sponsorship.

This year the chain extended its sponsorship

agreement through 2014. This will be the sixth Brier for Alberta's capital and the 13th for the province as a whole since the first Brier in 1927 in Toronto.

The only other cities to host a Brier six times are Calgary, Halifax, Saskatoon and Toronto.

In 2005, a record 281,985 fans attended the Brier.

Edmonton also has done well hosting other major curling events.

THE CANADIAN PRESS

Hare today, bunny traps and boycotts tomorrow

A website is urging tourists to boycott a scenic Rocky Mountain community near Banff National Park if it doesn't back off plans to destroy its feral rabbits.

The site called Canmore Resident Plan doesn't list a spokesperson, but heavily criticizes the town's mayor and council. It calls on musicians, dancers, sports teams and businesses planning events in Canmore to go elsewhere after Dec. 1.

"You have to take some of it seriously because obviously you will lose some people. There's no doubt about it," Mayor Ron Casey said.

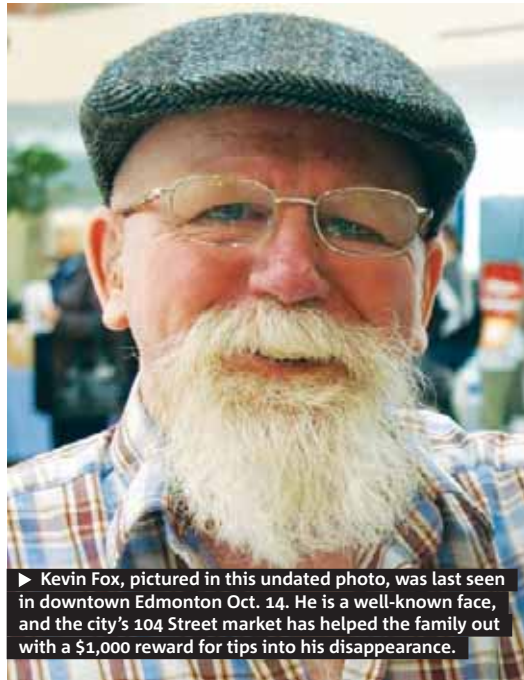
2,000 According to town officials, the rabbit population has hit the 2,000 mark — one rabbit for every six people in the town of 12,000 — and something has to be done.

Canmore is expected to begin trapping some of its burgeoning bunny population next week. The issue has been the source of heated debate for years.

The rabbits were originally pets but were released in the 1990s and started doing what bunnies do best.

THE CANADIAN PRESS

Reward next step in search for Kevin Fox



► Kevin Fox, pictured in this undated photo, was last seen in downtown Edmonton Oct. 14. He is a well-known face, and the city's 104 Street market has helped the family out with a \$1,000 reward for tips into his disappearance.

- 104 Street market offers to post \$1,000 reward via Crime Stoppers
- Not many useful tips have come in



HEATHER MCINTYRE
@METRONEWS.CA

Tips have been few and far between in the search for missing Edmonton man Kevin Fox, but the hope is a reward will bring news of his whereabouts.

Neil Fox, Kevin's brother, said yesterday the family has accepted the City Market Downtown on 104th board's offer of putting up a \$1,000 reward.

Kevin, who has worked at the market, hasn't been seen or heard from since Oct. 14.

Neil helped his brother search for assisted living the day before, as he had been staying at a hotel.

"He wasn't doing that well," said Neil, adding Kevin had hurt his leg. "It might have been the meds that he was on, but he didn't look well at all."

The truck driver, who lives in Texas, visits Edmonton two or three times per month, and al-

Searching

► The family is in conversation with Crime Stoppers about the reward. More details will be available soon, along with new posters.

► A Twitter account and Facebook page, Finding Kevin Fox, have been in use by family and friends since his disappearance.

ways sees his brother.

When he left he told Kevin he would be back in a week and a half.

"Nobody saw him after that."

Dan Young, market vendor and board member, said the board wanted to do something, and sat aside the \$1,000 for the family to decide what to do with.

"The reality is that we're expecting the worst," said Neil. "But, hopefully, he might fool us all and show up someday."

Have you seen Kevin Fox?

Kevin is described as five-foot-seven, 160 pounds, with white hair and a

beard, blue eyes and glasses — and he may be walking with a cane.

Some say he looks like Santa — and even puts on the red suit for events at the Bissel Centre and ASSIST Community Services Centre each year.



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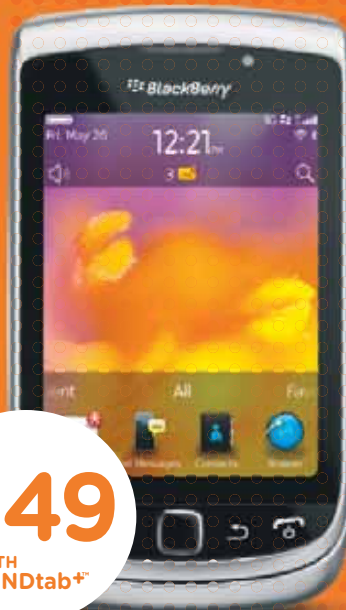
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Operation Red Nose dimming in Alberta

- ▶ Deadline to sign up to run program was Aug. 31 ▶ Ideal start is June
- ▶ Program seems to be waning, with only three communities taking part

By the numbers

- ▶ Prior to the Spirit Keeper Youth Society, the Rotary Club of Edmonton Strathcona ran Operation Red Nose for six years.
- ▶ The program operated in Calgary from 1992 to 2001.
- ▶ It takes about 200 volunteers, as well as office and administration staff, to run Operation Red Nose.
- ▶ The non-profits who run the program get to keep the donations made for rides, which average at \$20.



HEATHER MCINTYRE
@METRONEWS.CA

If you have too much to drink while out and about this holiday season, you'll have to call a taxi.

That's because for the second year in a row, Operation Red Nose will not have a program in Edmonton.

"No one has stepped up," said David Latouche, with the national office. "We're already looking at next year. It's too late this year."

The program — which operated for 16 years in

Edmonton, last in 2009 — is generally put on by a non-profit organization.

The light went out last year after the Spirit Keeper Youth Society, who ran the program in 2009, had to downsize amid cut-backs.

"It's not good news to not have the program in the biggest cities, like Calgary and Edmonton," said Latouche.

"But it's for the community by the community."

Cold Lake, Fort Saskatchewan and Lethbridge are the only communities in Alberta

running programs this year, but they are nationally funded, which won't happen again, said Latouche.

In the meantime, Balraj Manhas, president of the United Cabbies Association of Edmonton, said cab brokers "have enough cars to cover the load."

And wait times won't be long, said Manhas, as there should be 100 more taxis on the road in the next two months.

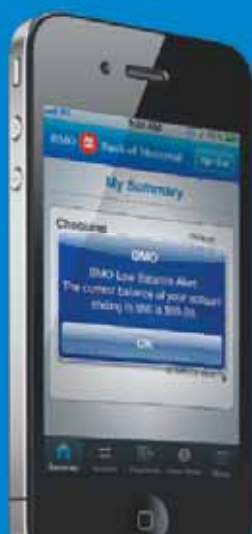


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▶ While there are many ways to get home after a night of drinking in Edmonton, a holiday non-profit program, Operation Red Nose, will not be one of them this year.

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Submerged-car girl tried suicide, court told

A court heard yesterday about the gruesome home life of a teenage girl allegedly killed by her family along with her two sisters.

Sahar Shafia confided in school and child protection authorities that she was being pressured to wear a hijab, the court in Kingston, Ont., was told.

She was also being shunned at home, so she

tried to kill herself, the court heard.

Shafia, then 16, told a school assistant principal her parents had barely spoken with her in the previous eight months.

She also said she was subject to verbal and physical abuse by her older brother, the assistant principal told court.

It was all too much, so she took some pills in a

► Sahar Shafia, in a photo released this week, said she had been "emotionally rejected" by her parents, a court heard.



suicide attempt, assistant principal Josee Fortin said. "I had enough," she said Sahar told her. "I wanted to die."

The bodies of Sahar, 17, her sisters Zainab, 19, and Geeti, 13, along with the body of Rona Amir Mohammad, 50, one of their father's two wives, were found in a car submerged in a Kingston canal.

THE CANADIAN PRESS

Family on trial

- The parents, Tooba Mohammad Yahya, 41, and Mohammad Shafia, 58, and brother Hamed, 20, have pleaded not guilty to first-degree murder.
- When Sahar tried to kill herself, her mother said something to the effect of, if she wants to die, let her, the court heard.

Protesters feel the heat — and cold

► Toronto camp dismantled almost peacefully ► Snow gives Montreal campers the shivers

Occupy Toronto protesters bowed to the inevitable yesterday after a 39-day odyssey.

Scores of police and by-law officers armed with a court order moved into a downtown park to dismantle the Occupy camp.

It was reduced to a jumble of tarpaulins, tent poles and mud.

Meanwhile, the interaction between police and demonstrators remained cordial, even courteous.

One protester offered officers tulips. Another shook hands with police, thanking them for their restraint.

The end appeared to come as a relief to the shrinking number of activists. "It's really calm," said protester Katie Berger. "Everyone has planned for this."

But one woman was ar-

"I wish it was over. I'm tired."

A FORLORN YOUNG PROTESTER

rested. She went limp and was carried away. Two others were arrested to chants of "shame! shame!"

VANCOUVER

Police moved in early yesterday to dismantle a second Occupy site that sprang up after the initial site at the art gallery was deemed illegal and ordered removed.

MONTREAL

Occupy Montreal tents sagged under the weight of snow as the city faced its first major storm of the season.

Mayor Gerald Tremblay has asked the protesters to leave the site in Montreal's financial district. Organizers have said they have no plans to move.

THE CANADIAN PRESS



► Occupy Montreal campers get the cold, hard truth: Winter — and snow — can put protesting in a deep-freeze.

Occupy? It's a web of laughs

The Occupy protests have spawned all kinds of Internet fun.

The California cop who pepper-sprayed protesters is "Pepper Spraying Cop" online. A meme shows him pepper-spraying famous figures.

George Washington gets it. So does Jesus.

There have been other online pranks. One image of a cat bears a note: "I am the 99 percent."

Says the Cookie Monster: "99 per cent of the world's cookies are consumed by 1 per cent of the monsters."

THE ASSOCIATED PRESS



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► People celebrate the signing by President Ali Abdullah Saleh of a document agreeing to step down after a long-running uprising to oust him from 33 years in power in Sanaa, Yemen, yesterday.

ARAB SPRING

YEMEN PRESIDENT AGREES TO STEP DOWN

Yemen's authoritarian President Ali Abdullah Saleh yesterday agreed to step down amid a fierce uprising to oust him after 33 years in power. The U.S. and its powerful Gulf allies pressed for the deal, concerned that a security collapse in the impoverished Arab nation was allowing an active al-Qaida franchise to gain a firmer foothold.

Saleh is the fourth Arab leader toppled in the wave of Arab Spring uprisings this year, after longtime dictators fell in Tunisia, Egypt and Libya. The deal gives Saleh immunity from prosecution — contradicting a key demand of Yemen's opposition protesters.

Seated beside Saudi King Abdullah in the Saudi capital Riyadh, Saleh signed the U.S.-backed deal hammered out by his country's powerful Gulf Arab

neighbours to transfer power within 30 days to his vice-president, Abed Rabbo Mansour Hadi. That will be followed by early presidential elections within 90 days.

He was dressed smartly in a dark business suit with a matching striped tie and handkerchief, and he smiled as he signed the deal, then clapped his hands a few times. He then spoke for a few minutes to members of the Saudi royal family and international diplomats, promising his ruling party "will be co-operative" in working with a new unity government.

"This disagreement for the last 10 months has had a big impact on Yemen in the realms of culture, development, politics, which led to a threat to national unity and destroyed what has been built in past years," he said.

THE ASSOCIATED PRESS

Egypt military faces world's condemnation

- UN official calls for prompt, impartial and independent investigation
- Brief truce falls apart as protesters battle police at Tahrir Square

International criticism of Egypt's military rulers mounted yesterday as police clashed for a fifth day with protesters demanding the generals relinquish power immediately. A rights group raised the death toll for the wave of violence to at least 38.

The United Nations strongly condemned authorities for what it deemed an excessive use of force. Germany, one of Egypt's top trading partners, called for a quick transfer of power to a civilian government. The U.S. and the UN secretary-general have already expressed their concern over the use of violence against mostly peaceful protesters.

Navi Pillay, the UN High Commissioner for Human Rights, deplored the role of Egypt's security forces in attempting to suppress protesters.

"Some of the images coming out of Tahrir, including the brutal beating of already subdued protesters, are deeply shocking, as are the reports of unarmed protesters being shot in the head," Pillay said.

Clashes resumed for a fifth day despite a promise by the head of the ruling military council on Tuesday to speed up a presidential election to the first

► An Egyptian protester using scrap metal as a shield takes cover from tear gas during clashes with security forces near Tahrir Square in Cairo yesterday.



half of next year, a concession swiftly rejected by tens of thousands of protesters in Tahrir Square.

Elnadeem Center, an Egyptian rights group known for its careful research of victims of police violence, said late Tuesday that the number of protesters killed in clashes nationwide since Saturday is 38. THE ASSOCIATED PRESS

More concessions

► The government offered more concessions, ordering the release of 312 protesters detained over the past days and instructing civilian prosecutors to take over a probe the military started into the death of 27 people, mostly Christians, on Oct. 9.

Israel preparing for worst

Watching from the sidelines yet feeling much involved, Israel is preparing for the worst in Egypt, concerned about the fate of the 1979 peace treaty.

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U.S. stands firm after Russia threat

► Medvedev warns that Moscow may opt out of START arms control deal with Washington

The White House says the U.S. will not limit or change its missile defence plans in Europe amid new threats from Russia.

Spokesman Tommy Vitor says the U.S. has been open and transparent with Moscow on its missile defence plans in Western Europe. The U.S. has repeatedly said those plans reflect a growing threat from Iran and would not be directed against Russia's nuclear forces.

His comments follow Russian President Dmitry Medvedev's assertion yesterday that Russia would target the U.S. missile shield if Washington fails to assuage Moscow's concerns. **THE ASSOCIATED PRESS**

Tit for tat

► The U.S. plan calls for placing land- and sea-based radars and interceptors in European locations, including Romania and Poland, over the next decade and upgrading them over time.

► Medvedev warned that Moscow would deploy short-range Iskander missiles in Kaliningrad, a Baltic Sea region bordering Poland, and place weapons in other areas in Russia's west and south to target U.S. missile defence sites. Medvedev said Russia would put a new early-warning radar in Kaliningrad.

Italy. Mudslides



► Cars get stuck in the mud in Scarcelli Saponara, near Messina, southern Italy, yesterday.

CARMELO IMBESI/THE ASSOCIATED PRESS

Rains batter eastern Sicily

Torrential rain battered eastern Sicily yesterday and mudslides killed at least three people and have swept away cars and washed out bridges. A mudslide in the hamlet of Saponara killed a 10-year-old boy as his family fled their home. Much of Italy's terrain is landslide-prone, and many have built homes on steep hillsides in defiance of warnings by geologists.

Clooney, Ronaldo on Berlusconi defence list

Actor George Clooney and his ex-girlfriend Elisabetta Canalis are among more than 200 witnesses accepted yesterday by a Milan court in the trial of former prime minister Silvio Berlusconi for allegedly paying for sex with an underage prostitute.

Clooney has said he was

approached by Berlusconi's team to testify about "bunga bunga" parties at Berlusconi's villas, but says he only visited the premier's residence once to seek aid for Darfur and declined an invitation to stay.

Berlusconi's defence lawyer Niccolò Ghedini told reporters that Clooney



► George Clooney and ex-girlfriend Elisabetta Canalis.

GARETH CATTERMOLE/GETTY IMAGES

and soccer star Cristiano Ronaldo are on the defence list because an important prosecution witness cited them, the news agency LaPresse reported.

Ghedini said they want to dispute the witness' testimony.

THE ASSOCIATED PRESS

Sex case

► The witness list also includes Karima el-Mahroug, the Moroccan teen who is alleged to have had sex with Berlusconi. Both she and Berlusconi, 75, have denied a sexual relationship.

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Anti-nuke anger flies off the rails

► Vehicles torched as protesters in France try to stop 'radioactive train'

The shadow of Japan's nuclear disaster loomed over violence in northern France yesterday.

Riot police fired tear gas at anti-nuclear protesters in a Normandy field and vehicles were set aflame.

Activists damaged a railway and delayed the departure of a train carrying recycled uranium to Germany.

"Stop This Radioactive Train," read banners waved by protesters.

The train finally left the depot at Valognes, but was expected to meet protests and resistance all along its journey from a nuclear waste processing site on the English Channel to a storage site in northern Germany.

Protesters point to the disaster at Japan's Fukushi-

Europe's stance

► Chancellor Angela Merkel's government has decided to shut all Germany's nuclear plants by 2022.

► French President Nicolas Sarkozy has reiterated his commitment to nuclear power. France is more reliant on nuclear power than any other country, with the majority of its electricity coming from atomic reactors.

ma nuclear plant after a tsunami earlier this year as an urgent reason to abandon atomic power.

In Germany, police were preparing a big security operation to protect the nuclear waste shipment.

THE ASSOCIATED PRESS



► Riot police face protesters at a burning barricade in Normandy, France, yesterday. Anti-nuclear activists were trying to head off the departure of a train carrying recycled uranium to Germany.

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Polygamy law upheld

▶ **B.C. judge justifies centuries-old ban on polygamy**

▶ **Says harm to women and children outweigh religious rights**

Chief Justice Robert Bauman of the B.C. Supreme Court concluded yesterday that Canada's polygamy law is valid as long as it isn't used to prosecute child

brides, and he suggested it should be interpreted that way.

"This case is essentially about harm.... This includes harm to women, to

children, to society and to the institution of monogamous marriage," wrote Bauman.

"Polygamy's harm to society includes the critical fact that a great

many of its individual harms are not specific to any particular religious, cultural or regional context. They can be generalized and expected to occur wherever polygamy exists."

Bauman's decision isn't binding, although the case is expected to end up at the Supreme Court of Canada, which would have the final say on Canada's polygamy

law. George Macintosh, a lawyer appointed to oppose the law at the hearings, said he would likely launch such an appeal.

The case was prompted by more than two decades of controversy surrounding the isolated religious community of Bountiful, B.C., where residents follow a fundamentalist form of Mormonism that believes polygamy is required

to attain the highest level of heaven.

The failed prosecution of two leaders from the community — Winston Blackmore and James Oler set the stage for the current constitutional reference.

"I certainly don't plan on dropping my faith and running away," said Blackmore upon hearing the decision. **THE CANADIAN PRESS**



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7 charged in Amish attacks

MIKE SCHENCK/THE ASSOCIATED PRESS



▶ In this Oct. 19, 2011, file photo, from left: Johnny Mullet, Lester Mullet, Daniel Mullet, Levi Miller and Eli Miller wait to make their pleas in Holmes County Municipal Court in Millersburg, Ohio.

The leader of a breakaway Amish group allowed the beatings of those who disobeyed him, made some members sleep in a chicken coop and had sexual relations with married women to "cleanse them," federal authorities said yesterday as they charged him and six others with hate crimes in hair-cutting attacks against other Amish.

Authorities raided the group's compound in eastern Ohio earlier in the day and arrested seven men, including group leader Sam Mullet and three of his sons. Several members of the group carried out the attacks in September, October and November by forcefully cutting the beards and hair of Amish men and women and then taking photos of them, authorities said.

Cutting the hair is a highly offensive act to the Amish, who believe the Bible instructs women to let their hair grow long and men to grow beards and stop shaving once they marry.

One victim told the FBI he would rather have

Mullet's defence

Mullet's defence attorney said that his client plans to fight the federal charges.

▶ **Mullet said he didn't** order the hair-cutting but didn't stop the crime either.

▶ **His goal was to send a** message to other Amish that they should be ashamed of themselves for how they were treating Mullet and his community.

been "beaten black and blue than to suffer the disfigurement and humiliation of having his hair removed," according to court papers.

The attacks struck at the core of the Amish identity and tested their principles.

They are pacifists and strongly believe that they must be forgiving in order for God to forgive them, which often means handing out their own punishment and not reporting crimes to law enforcement.

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Businesses, small and large, can invest: Carney

Bank of Canada governor Mark Carney says growing access to capital should make Canadian businesses confident to invest, despite the financial chaos that has rocked Europe and troubling signals out of the United States.

"Given the relative attractiveness of Canada in global terms, Canadian businesses large and small can expect continued access to capital and that's extremely important because that allows to plan for the medium and long term," he said yesterday.

While Canadian trade with Europe remains relatively low, there are tremendous opportunities, even with Europe's debt crisis, Carney said.

Carney cautioned against overreaction by businesses during a period of international volatility.

The head of the Montreal Board of Trade said Carney's comments are



► Carney

reassuring to entrepreneurs who wonder if the time is right to develop their businesses and export markets.

"The worry is when they hear that in Europe investments are slowing down and the fear is a form of contagion," said Michel Leblanc.

"The answer today was reassuring that the Canadian system seems to be strong enough that Canadian businesses need not have to worry."

THE CANADIAN PRESS

Market moment

TSX	Dollar
- 223.49 (11,571.71)	- 0.99¢ (95.37¢ US)
Oil	Natural gas
- \$1.84 US (\$96.17 US)	\$3.460 (+ 4.5¢)
	Gold
	\$1,695.90 (- \$6.50)

Carney forecast

► Carney says interest rates may need to stay at super-low levels as the central bank continues to take measures to keep the economy moving.

Tastes like pork but it's goose: Rabbi

Israel's chief rabbi is bringing home the bacon. Yona Metzger's office says it is primed to allow import of an organic goose grown in Spain that tastes like pork. Metzger says three non-Jewish chefs confirm its swinish flavour. Jewish dietary law forbids eating pork. There is no Jewish injunction against eating goose that is slaughtered according to Jewish ritual, he says. THE ASSOCIATED PRESS



► A joke sign is seen at one of several entrances to the Occupy Portland camp in Portland, Ore., last month. Occupy protesters want shoppers to occupy something besides door-buster sales and crowded aisles of big-box stores on Black Friday.

Malls to be occupied on this Black Friday

- Targeted marches planned since camps broken up
- Hit list includes big chain stores in suburbs

Occupy protesters want shoppers to occupy something besides door-buster sales and mall parking lots on Black Friday.

Some don't want people to shop at all. Others just want to divert shoppers from big chains and giant shopping malls to local mom-and-pops.

And while the actions don't appear co-ordinated, they have similar themes: supporting small businesses while criticizing the day's dedication to conspicuous consumption and shopping that fuels big corporations. Nearly each one promises some kind of surprise action on the day after Thanksgiving — the start of holiday shopping season.

In Seattle, protesters are

carpooling to Wal-Mart stores to protest with other Occupy groups. Washington, D.C., is offering a "really, really free market," where people can donate items so others can go gift shopping for free.

The 75-person encampment in Boise, Idaho, will send "consumer zombies" to wander around a mall in silent protest. In Chicago, protesters will serenade shoppers with revamped Christmas carols about buying local. The Des Moines, Iowa, group plans flash mobs at three malls.

Protesters say the movement shouldn't take away money and seasonal jobs from the working-class majority it purports to represent. The corporations, not the shoppers, are the focus

of any protests, they say. But organizers do hope their actions drive people to reconsider shopping at national chains and direct their attention to small, locally owned stores.

That may not fly with small businesses wary of any association with the movement, which presents itself as pushing back against corporate power.

Trying to shop exclusively local neglects economies of scale, job specialization and other benefits that big, multi-state corporations can bring, said George Mason University economist Russ Roberts.

"Don't punish yourself by not shopping where you can get the best deal; that's foolish," Roberts said.

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'15 SECONDS TO CURTAIN' LOVE AFFAIR

HE SAYS ...

JOHN MAZEROLLE
METRO



It's time to get things started, so let's discuss: Why does my generation find the Muppets' return so celebrational?

My workplace has been so overrun with Muppet talk lately that one boss said he wouldn't take part in any more conversations unless they were Muppet-free. Embracing our good fortune, my co-workers and I spent days defending our favourite Muppets with a vigour most people save for discussing

which is the one true religion.

Let's be honest. The which-Muppet-is-best argument is silly, especially when one considers that Rowlf is the Ultimate Muppet, or "UltiMuppet," end of story.

That truth aside, the conversation still left me wondering what it is about the Muppets that captures everyone's imagination.

Have you ever had a girlfriend or boyfriend where all the things that bugged you in other partners seemed cute in her or him? That's the Muppets.

The show is soaked in irony, but is sincere and sweet. The franchise rakes in cash, but it feels like they're doing it for free. The jokes are cornier than anything this side of Hee Haw, but it's still hilarious.

Bring a Muppet to almost anything and it

improves it. If there's a Twilight: New Muppet, I'm lining up at midnight to rave about how sexy Count Von Count is. If Mel Gibson wants to make The Passion of The Kermit, I'm there. I'll even watch An Inconvenient Muppet

"Bring a Muppet to almost anything and it improves it."

Truth if Beaker is trembling at the bad news and Honeydew brings a fool-proof machine to fix global warming.

Replace Billy Joel with Rowlf, Brangelina with Kermiggy, Nickelback half-time shows with Mahna Mahna half-time shows. Life would be better.

If the Muppets were real, the world would be a simpler, less frightening place. Tell me the House of Commons wouldn't be improved with Statler and Waldorf in their balcony as the Official Opposition.

HARPER: This legislation will keep Canadians safer.

STATLER: Who keeps us safe from you?

HARPER: You guys, knock it off.

WALDORF: Actually, that speech reminded us of an article in our favourite magazine.

HARPER: Really?

STATLER and WALDORF: Harper's Bizarre!

If we all lived like Muppets, peak oil wouldn't be a problem when you can fit 40 of us in the same car. There can be no racism in a world where love exists between pig and frog. And instead of being puppets of America, we'd just be American puppets.

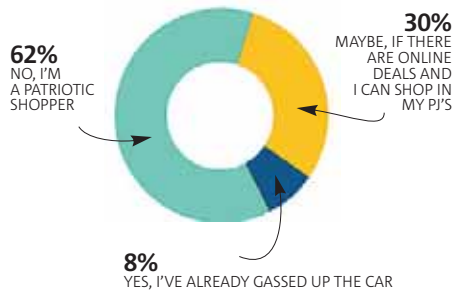
I'm not sure I've gotten to the bottom of the Muppets' appeal, but someday we'll find it, this rainbow connection. All I can say for sure is that my generation's belief in the Muppets is not cheap nostalgia, but completely felt. (Wocka wocka.)

Read more of John Mazerolle's columns at metronews.ca/hesays



Register at metropolitanpanel.ca and take the quick poll

Do you plan to do some cross-border shopping on Black Friday?



Local tweets



► @karinlocke: Just returned from the most

depressing place in #yeg: Abbotsfield Mall. However, I'm pretty sure it has the cheapest Safeway in the city!

- @thiswktrend: First time I've ever been in a #telus store and had a good experience. Props #yeg
- @missmangiel: Yoga today then cross training tomorrow...yay!!! #fitness #yeg
- @_mmsx: I adore public transportation. fights & homeless men. smell of booze. please random

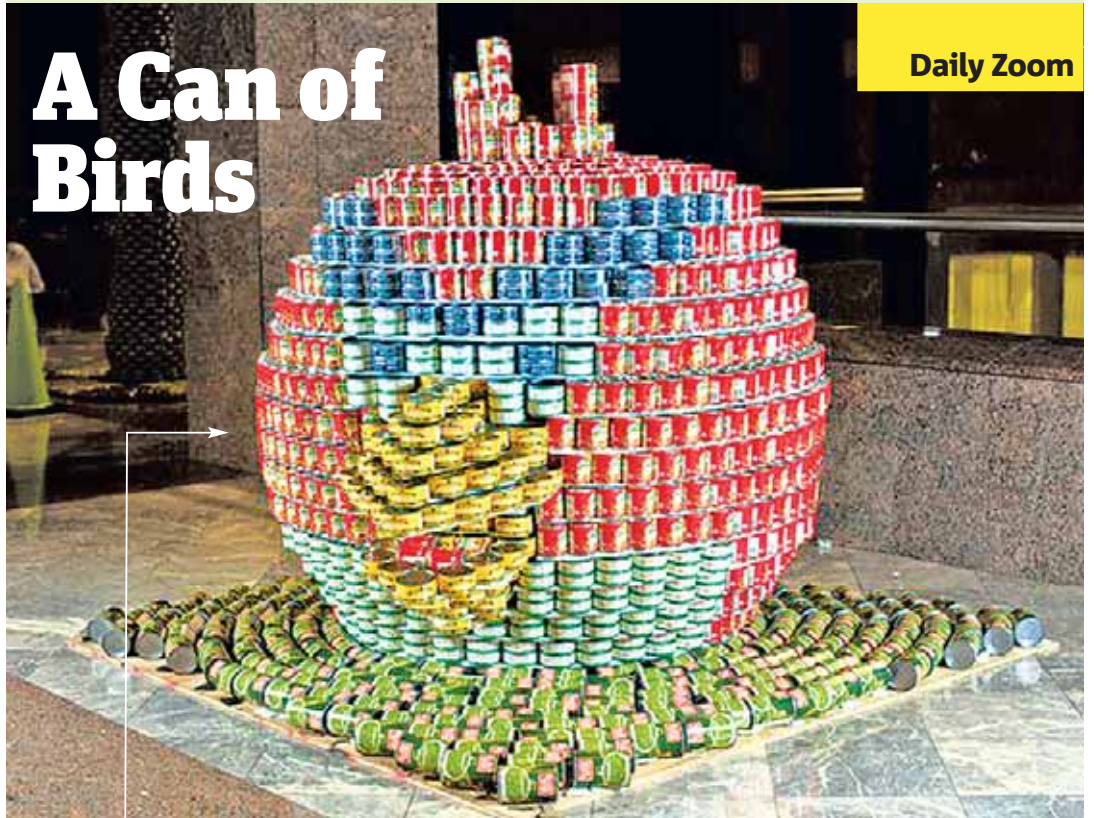
stranger, cuddle up against me. #yeg #ets

► @FeliciaDewar: Lots of comments on the mass of silver balls known as art just off the whitewood & fox drive. #yegbudget none positive.

► @canadianglen: When I was growing up, a playground outside the school was a given. Why do some #yeg neighborhoods wait 20+ yrs? Wrong. #yeg-budget

► @shezug: Now onto an amonia leak at Londonerry Arena. A busy day for our firefighters & hazmat teams. #yeg

A Can of Birds



Daily Zoom

Stacking up a work of art

TIN CAN. This Angry Birds replica in New York City has been constructed entirely from tin cans. It and others are part of Construction, a global community service project organized by the construction industry to benefit local food banks. The annual event has been held in over 193 cities since 1992. ● MWN

They CAN do it for a good cause

COMPETITION. The event was created by the Society for Design Administration. Spokesperson Chakshu Mehta explains the premise of the project: "The idea is to put a visual spotlight on hunger while showcasing the design." Notable creations include the head of Tutankhamen, Marilyn Monroe and Barack Obama. ● MWN

3,000

is the average number of food cans in each 'sculpture'. Between 5 to 10 stackers work as a team for up to 8 hours to build a work. The hardest thing to figure out is how many cans are needed for each project, organizers told Metro.

Can-shaped facts

- 29,000 kilos of food were raised in the New York competition. That's enough to feed almost 14,000 people for one day.
- Serious 'food stackers.' Architects, engineers, designers and building contractors team up to construct perfect sculpture.

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Christmas all year round

► Festival of Trees raising money for local area hospitals ► Come celebrate, help community

BACKSTAGE PASS

JENNIFER LARAWAY
METRO EDMONTON



This year's Festival of Trees would even have Clark Griswold impressed. With over 100 new

trees and 150 new accent items to go among the evergreens, it goes without saying that the team at Festival of Trees have been very busy.

In fact, to make sure they are ready for the Dec. 1 - 4 event, volunteers start decorating holiday trees in March at an off-site warehouse.

By the end of November, each tree is carefully wrapped, decorations and all, and shipped over to the Shaw Conference Centre for the big unveiling.

For the team who works tirelessly year round and has grown the event tremendously over the years, it's all worth it.

"We're celebrating 27 years this December. What started in 1985 as a U of A hospital foundation fundraiser with 15 trees has grown into the fifth largest festival of trees in North America," Festival Chair, Lori Martens explained.

Each year, the festival raises funds for a different area within the hospital.

This season, proceeds of the event support the



► Over 100 new trees are displayed at this year's Festival of Trees starting Dec. 1

purchase of state-of-the-art equipment for the head and neck cancer

treatment ward.

Making it all possible are 24 committees with

300 members, some of which start organizing in January, and over 2,000

Event

What you need to know about the trees

► **Trees** It takes 12 trailers to ship all of the pre-decorated trees from the warehouse to the conference centre.

► **Money** Over \$13-million has been raised to date by the festival for the U of A hospital foundation.

on-site volunteers.

When it comes to Festival of Trees, it's literally Christmas all year round.

"We have a strong sense of community through our volunteers," says Martens.

"I know it's what kept me coming back for more."

Speaking of coming back for more, Martens says they keep the event fresh and exciting each year by creating new themes for the festival.

This year's theme is under the tree and in addition to the displays; there is continuous entertainment on the main stage, in the Gingerbread Village, and with children activities, including shopping for the 12 and under crowd at the Secret Shop.

Tickets are \$7 for adults, \$3 for seniors and students, and \$2 for children and are available only at the door.

For more information, visit festivaloftrees.ab.ca.

Nickelback



Nickelback stars in a new video on the comedy site FunnyorDie.com. The profanity-laden clip finds Nickelback responding to an online petition set up to stop the divisive hard-rockers from playing at a Detroit Lions game on Thursday.

THE ASSOCIATED PRESS



Bee Gee Robin Gibb says on his website that he is improving after being very ill

A must read from Canada Reads

► Panelists will debate book choices live on CBC Radio ► Also streamed

Actor Alan Thicke and Dragons' Den investor Arlene Dickinson are among the panellists lined up for the CBC non-fiction book debate Canada Reads: True Stories 2012.

The public broadcaster says Thicke will defend the hockey book *The Game* by Ken Dryden (Wiley Canada) and Dickinson plans to

push for Marina Nemat's memoir *Prisoner of Tehran*. Meanwhile, Juno Award-winning rapper Shad is backing the memoir *Something Fierce* by Carmen Aguirre.

Supermodel Stacey McKenzie will argue for *On a Cold Road* by Dave Bidini. And Anne-France Goldwater, star of Que-

bec's reality-TV courtroom show *l'Arbitre*, has chosen *The Tiger* by John Vaillant.

The panellists will debate the books live on CBC Radio from Feb. 6-9 to determine Canada's "must-read non-fiction title for 2012."

The shows will also be live-streamed on CBC Books and air daily on

CBC's documentary channel, with recap specials the following weekend on CBC-TV and CBC Radio One.

This is the first time Canada Reads has featured non-fiction titles.

Last year *The Best Laid Plans* by Terry Fallis won Canada Reads.

THE CANADIAN PRESS



► Allan Thicke

What Simon says

► Simon Curtis talks about directing his first feature film ► *My Week With Marilyn* is getting lots of critic love



Calling Simon Curtis a first-time director isn't exactly accurate, as the British filmmaker has been directing and producing — and winning awards for — work for television for 20 years. But yes, *My Week With Marilyn* is technically his first feature film. The film follows an eager newcomer (Eddie Redmayne) as he lands his first job in show business, serving as a lowly third assistant director on Sir Lawrence Olivier's collaboration with Marilyn Monroe, the Prince and the Showgirl. Curtis' film has already earned impressive acclaim — particularly for Michelle Williams' performance as Monroe — and

it heads into awards season under the stewardship of Harvey Weinstein. Not too shabby for a newcomer.

Can you talk about the casting of Michelle Williams as Marilyn?

All I can say is I just went with an instinct. I think she's a brilliant actress — a brilliant actress for bringing psychological texture to her parts — and I really like her. It was just a hunch.

It's also fascinating to have Sir Lawrence Olivier as the villain, in a sense.

I think he's definitely flawed, but I hope one ends up with sympathy for him. I didn't think of him in the sense of an antagonist, I just wish he'd done a better job supporting Marilyn. Even though she would

drive anyone crazy in terms of lateness and all that, his job was to support her.

The film deals a lot with the misconceptions about Marilyn and her intelligence level that still persist today.

Her hunger to be taken seriously as an actress — her hunger to be taken seriously, full stop — was obviously a huge driving force at this time in her life. And I love the audience when Olivier says, "Well, can't you just be sexy?" There's an audible groan. People totally get the scale of that mistake. And I do hope that people come out sympathizing with her.

Had you considered casting your wife, Elizabeth McGovern, as Vivien Leigh?

Well, she was making



► Simon Curtis says casting Michelle Williams as Marilyn Monroe 'was just a hunch.'

Downton Abbey so she wasn't really available. But let's put it this way, I know a lot about an actress, a beautiful woman, who is made to feel like her moment has passed now that she's in her 40s. I love that element of Vivien Leigh.

How is it as a "first-time director"?

Well, this is very different. It taught me that when you choose a film as a director you better be damn sure

it's going to be something you can feel passionate about. Because you're going to be in a lot of test screenings and you're going to be under a lot of scrutiny. And I've been on the journey with Harvey [Weinstein], and his passion for the film has been second-to-none, do you know what I mean?

We're heading into awards season, of course. Do you process that at all,

the early chatter?

Well, I certainly pay attention. I don't read it all because it would give me a nervous breakdown, but obviously this is a big year for films, isn't it? Much bigger than last year. Certainly with Michelle, it has been very exciting on the road with this film. People are genuinely excited to see this great American actress take on this great American icon and deliver. They feel excited about that.

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▶ Olivia Wilde

Olivia Wilde getting close to Jake Gyllenhaal?

Olivia Wilde and Jake Gyllenhaal are turning heads after getting cosy during a dinner in New York this week, according to Page Six.

Wilde and Gyllenhaal hit up Chinatown Brasserie with a group of friends but reportedly only had eyes for each other. "They were in a group but were very cosy, with their chairs pulled close together," a source says.

The two were last spotted together hitting up L.A.'s Chateau Marmont in June, but their reps insisted they were just friends at the time.

● METRO

Ashton, Demi still on speaking terms

▶ Divorcing couple met recently at 'Kabbalah House'

ALL PHOTOS GETTY IMAGES



▶ Ashton Kutcher and Demi Moore

While Demi Moore may have filed for divorce from Ashton Kutcher, she's apparently not done talking to him, as the pair reportedly met at the Beverly Hills home of a friend the weekend after her divorce announcement, according to Us Weekly.

"It's affiliated with Kabbalah, and some of the people who go there refer to it as the 'Kabbalah House,'" a source says of their meeting place, where the couple are said to have previously visited for Kabbalah-themed marriage counselling. Kutcher and Moore arrived separately but were seen leaving at the same time.

"They seemed very sombre," the source says.

But apparently Moore has been anything but sombre since deciding to ditch Kutcher, even reportedly appearing chipper and cheerful at a nail salon the morning of the divorce announcement.

"Demi's been telling friends that it gets easier every day," a source says. "She's very optimistic."

● METRO

Spears loves chocolate; all kinds of chocolate

As Britney Spears continues her current globe-trotting concert tour, the hectic schedule is definitely taking its toll, she says. "Trying to get up and go work out in

the morning (is hard). I haven't worked out in, like, two weeks," she admits to Stylist. "Sometimes it's hard to be motivated. But once you get up and do it you feel like you've conquered the world."

And when she needs a pick-me-up, the answer is "definitely chocolate," Spears says.

"I love Skors, with the caramel in the middle, and every once in awhile if I'm really hungry then a Snickers bar is good. And M&M's are great, Hershey's Whoppers are great, Raisinettes. Twixes are great, too. And the new Hershey's Cookies & Cream." ● METRO



▶ Britney Spears

Celebrity tweets



Happy Holidays from my family to yours! Hope you all have a festive season filled w/ joy and cheer!



@jessicaalba

@julianne Moore

I don't know about u but I think Herman Cain's use of the word "ain't" is enough to disqualify him from the presidency.



@GwynethPlatrow



On my way to Beijing for the first time. Any recommendations for food, sights, traditional medicine, etc.?



@AlbertBrooks

Rumor: When Titanic is released in 3-D the ship will not sink.

The 'bad girl' belongs to Brad

Angelina Jolie has changed a lot from her wilder younger days, but she insists there's some of that still in there.

"I'm still a bad girl. I still have that inside of me," she tells 60 Minutes in an interview.

"It's just in its place now. It belongs to Brad — or our adventures."

Jolie is just happy she made it through her more rebellious period.

"I didn't die young, so I am very lucky," she says.

"For many reasons, I shouldn't be here." ● METRO



Angelina Jolie

Career comes first, woman second for Jeremy Renner

While his star is clearly on the rise, Jeremy Renner admits that his days struggling to make it made having a girlfriend difficult.

"I never dated, because I couldn't afford to date. I didn't even have electricity," Renner tells Details.

"But I loved what I was doing. The sacrifices I made in personal relationships had the biggest effect on my life. Even now, any woman would take a No. 2 seat to my job." That being

said, it's not that Renner wouldn't like someone in his life.

"I have a wonderful life, but it means nothing if it cannot be shared. That's all I'm missing right now. It's a little unbalanced for me," he says. "Right now the only thing consistent in my life is that little dog. That's why I got it. I was getting really lonely. I needed somebody or something to be there with me through the whole journey." ● METRO

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► This Victoria's Secret bombshell gets in shape with maca powder, bee pollen and sun warrior protein ► We discuss



"[Generally the] first step would be to blow dry then apply a volume lotion in your hair. Once we blow dry all that through we spray in [Orlando Pita] Elevate Texture Spray. Then we do the curling iron set. Then we send the girls to makeup, after they're done we brush it all out."

HAIR GURU ORLANDO PITA ON HOW TO NAIL THOSE BIG VS CURLS



3
life

A stylish story



Popular show turns a page

The world's longest-running fashion series, Fashion Television, extended its iconic brand on Tuesday with the launch of a semi-annual magazine. • METRO



Lady Gaga opens Gaga's Workshop at Barney's department store in New York

Miranda Kerr's thong song

TINA CHADHA
LIFE@METRONWS.CA
METRO WORLD NEWS IN LONDON

For the first time in her five years of walking down the runway as a Victoria's Secret Angel, the Australian bombshell Miranda Kerr had the honour of wearing the \$2.5 million Fantasy Treasure Bra. And that's just months after giving birth to her first baby with husband, Orlando Bloom. We ask her the question every woman wants to know.

Besides the \$2 million bra,

what's the biggest difference between walking in a high fashion catwalk show such as, say, Balenciaga versus Victoria's Secret?

The great thing with Victoria's Secret is they really encourage us girls to interact with the audience and show a bit of personality, so it's a totally different thing for sure, but both of them are good in their own right. The Victoria's Secret show is quite a theatrical performance. I love to be in the moment and feel the music.

You lost the baby weight ridiculously fast. Can you

give us a breakdown of your daily diet?

Everyday is different but I like to start the day with a fresh green juice with kale, spinach, cucumber, beets and lemon. Then half an hour later, I have a power smoothie, which has sun warrior protein powder, chia seeds, maca powder, raw cacao, bee pollen, goji berries, noni juice, vitamin green and coconut water. Then an hour after that I'll have oatmeal or eggs. That's my three-course power breakfast. For lunch I might have some grilled fish with goat cheese or baby spinach salad and

olives. Sometimes I'll have a sweet potato. At dinner, I'll have a lentil soup and maybe some chicken. And I love to have my salads with avocado, feta and spinach.

It sounds like a lot of careful maintenance. What does your workout regimen look like?

I've been practicing yoga for over 12 years. And after I had the baby I started doing Pilates. That was really helpful. But three weeks leading up to the VS show, I start working out five times a week using a resistance band and leg weights.

Is the Fantasy bra heavy?
No it's not so heavy but my wings are really heavy.

Where does one go after you've modeled the \$2.5 million bra? What do the next five years look like for you?

I really want to expand my organic skin-care line all over the world. I created a line that I personally wanted — it's a certified organic range — but couldn't find. Kora organics has been my passion and my idea. I invested the money behind the product. I blog [on the site] once a week.



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Colour-popping coats

► This season, the chintzy Christmas lights needn't be the only beacons of brightness ► Get noticed!



If the dark days of winter aren't depressing enough, we choose to garb ourselves in outerwear that wouldn't look out of place on a Victorian funeral march. Why don't we stop mourning for summer and sling on something bold and bright all year long. After all, it's not that risqué, seeing as most men won't hesitate come June to pull on some outlandish Hawaiian-print shirt.

1 BURBERRY PRORSUM AW'11

The British heritage brand leads the colour revolution with an old school duffel.

2 E.TAUTZ PEACOCK

Yep, we're all familiar with the peacoat. But this lurid, mustard yellow number is the military classic on acid. \$1,555, mrporter.com

3 ZARA DOUBLE BREASTED COAT

The '70s are still hot this season, making this a must-have winter warmer.

\$249, zara.com

4 UNIQLO PREMIUM DOWN ULTRA LIGHT JACKET

The quilted coat was once the staple purchase of practical parents for their tearaway toddlers. Thankfully, it's been reworked into a svelte, lightweight looker.

\$80, uniqlo.com

5 TOPMAN ELECTRIC BLUE PEACOCK

Get ready to rock right down electric (blue) avenue in Topman's peacoat. And no it's not style over substance as this one comes with extra snug padding — perfect for a sub-zero season.

\$170, topman.com

● RICHARD PECKETT

Men's grooming

Tidy that 'stache

The Movember grow-off is well underway, which probably means your tache is in a right old tangle. But fear not, as this little Kent comb will have your whiskers preened and perfect in no time at all.

● RICHARD PECKETT



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\$11, kentbrushes.com

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Jeanne Space



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@Jeanne_Beker:
So many fab responses to my talk @GuelphHumber today. Thank you all for LISTENING! Now how do YOU plan on making a mark in the world?



► @Jeanne_Beker: With Morgan Dumas in IZ Adaptive Clothing coat by designer Izzy Camilleri. Democratizing fashion!

► @RoyFullerPhotog: been contemplating how to make my mark for years, decided to grow my holdings and leave them to charity. Starting small now.

► @Jeanne_Beker: What a beautiful thing to work towards!

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Get ready to shop

▶ You don't have to drive south of the border to get Black Friday discounts



HEATHER BUCHAN
LIFE@METRONEWS.CA

Tomorrow marks Black Friday — the biggest sales event of the year in the United States — with retailers slashing prices on virtually everything. Held the day after American Thanksgiving (this year, it falls on Nov. 25), it traditionally marks the kick-off to the holiday shopping season.

In the past, many Canadians flocked to their closest border crossing in order to take advantage of the U.S. deals, but rather than packing up the car, making the road trip south and waiting in lineups for hours, more and more Canadians will be journeying online for cross-border shopping deals this year.

According to a recent Ipsos



Cyber Monday — the online cousin to Black Friday — takes place on the Monday following the U.S. Thanksgiving weekend and features a number of discounts on shopping websites.

survey conducted on behalf of Visa Canada, 34 per cent of Canadian online shoppers plan to

Resources

Some helpful sites to help you navigate Black Friday:

- ▶ **blackfriday.info:** The official site for all the 2011 Black Friday ads.
- ▶ **BlackFriday.FM:** You can sign up for email updates and check out sales from your favourite stores.
- ▶ **TGIBlackFriday.com:** Offers one-click filters to see what popular deals are available online.
- ▶ **redflagdeals.com:** Canada's largest bargain hunting website has an entire section devoted to Black Friday deals.

shop online at American retailers this Black Friday. This is an increase of six per cent from last year.

"Over the past few years we have seen a steady increase in the number of Canadians who look for deals south of the border on Black Friday," says Stephanie Wallat, business leader for e-commerce with Visa Canada. As a result, many U.S. retailers seem to be taking notice of the Canadian interest and have extended their shipping to Canada and abroad.

In a bid to keep Canadians from cross-border shopping this weekend, some Canadian retailers are ramping up sales of their own. Toys R Us Canada announced that it's holding a half-price event this weekend. And The Bay, Zellers and Home Outfitters, Future Shop and Best Buy will also be offering special sales events this weekend.

Shopping tips

Make the most of Black Friday by following these savvy shopping tips:

- ▶ **Do your research before shopping.** Go to a retailer's site early, pick out everything you want, do price comparisons and add items you want to your shopping cart.
- ▶ **Find out the full cost of the item you want.** Borderlinx (borderlinx.com/visa/ca) provides a calculator that estimates the entire cost of a purchase, including currency conversion, taxes, duties and shipping.
- ▶ **Canadian duties on apparel are much higher than on electronics.** That could eat into some of your cross-border savings.
- ▶ **How do you know if you're really getting a great deal?** Experts say that if the item you want isn't 40 to 50 per cent off, leave it behind.



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ALL PHOTOS ISTOCK IMAGES

Canadian retailers get in on the action

More Black Friday bargain hunting is beginning to happen in Canada, says an Ottawa-based marketing expert.

"Surveys across Canada show that this year, cross-border shopping is going to be down," said Brian Card, president of the Ottawa-based market research firm CRG consulting.

But that flies in the face of travel data from Statistics Canada showing same-day car trips to and from the U.S. by Canadians are at their highest level since 1998 at 7.2 million in the second quarter of 2011 and 7.1 million in the third.

BMO economist Robert Kavcic said the numbers correlate with the rise in value of the loonie versus the greenback.

He agrees with Card that Canadian retailers are beginning to hold their own Black Friday sales.

● JESSICA SMITH/SEAN MCKIBBON

What's allowed

► **Exemptions:** If you're gone for a day, you get \$50 worth of goods to bring back. If you're gone for 48 hours, you get \$400. A week? \$750.

► **If you're caught smuggling:** Border services can seize your goods, fine you up to 80 per cent of their worth and take your car — and you have to pay before you get any of it back. That's if you're not arrested. ● ELISHA DACEY

17%

of Canadians say they intend to head south of the border on Friday for America's biggest shopping day of the year.

Is it worth the drive?

Hordes of shoppers, including thousands of Canadians, are gearing up to spend their hard-earned money south of the border during America's largest shopping event of the year.

Black Friday enthusiast Danielle Graydon, who heads to Bellevue, Wash., every year, says

the event is a good place to finish Christmas shopping in one trip.

"Last year I got all my Christmas shopping done for \$350," she said. "At some stores you'll get discount on top of discount. The trip is worth it because you end up saving hundreds."

Graydon describes Canada's Boxing Day as a "pathetic" alternative to America's busiest shopping day. ● KENDRA WONG

Hot items

According to Ipsos Reid, clothing and accessories will be the most popular purchases tomorrow, followed closely by books, movies and music.

Some of the

steepest price cuts are on electronics, including televisions, computers, DVD players, music players, video game consoles and small appliances. Leave home furnishings purchases until Boxing Day sales.

● HEATHER BUCHAN



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KENYA HUNT/METRO WORLD NEWS



► Right now, you're probably reading the word "centrepiece" and thinking about plastic flowers stuck in green foam on a senior citizen's dining room table. Allow these to replace that image.

D.I.Y. holiday centrepieces

► The goal: Pretty decorations that read cool and young, not old-fashioned and lame ► To start, stay away from the poinsettia plants your grandma breaks out every year and go for something a little more organic looking

KENYA HUNT
LIFE@METRONWS.CA
METRO WORLD NEWS IN NEW YORK

Entertaining at home has never been trendier thanks to a shoddy economy and increasingly fashionable foodie culture.

But a string of at-home holiday parties brings up the inevitable question of how to decorate, let alone what to serve.

Enter the holiday centrepiece, which has evolved beyond its Martha Stewart associations to a cooler, edgier place, surfacing in the homes of style-y types on interiors blogs.

Here are a few quick and painless steps to creating your own.



1

To the flower market you go

Skip the grocery store and those temptingly cheap holiday themed plants. They may look like an easy way to give your place that extra yuletide oomph but they will actually send your place back to 1986, and not in a cool, retro kind of way. The selection of blooms at your nearest flower market will definitely look much better.



2

Go for variety

Choose full blooms in a Chrismukkah appropriate colour like candy apple red or wine to serve as the main attraction of your centrepiece. And then fill it out with foliage and snowberry branches, which will conjure up images of walking through a winter wonderland on your way to a log cabin. But don't get too homey and literal. Give the arrangement some edge by throwing in unexpected colours to tilt the traditional red and green colour palette just a bit off-kilter. We opted for light violet berries.



3

Get a little unruly

The most modern-looking arrangements look kind of wild, almost as if you stole them from your neighbour's garden — not House and Gardens magazine perfect. And yet they should still loosely follow a shape, like how the flowers above form a triangle. Prep your flowers (cut the stems at a diagonal and remove any leaves that would fall below the water line) and cut them at varying lengths to correspond to your shape. Then insert into the vase at an angle, criss-crossing the stems.



4

For an extra dose of fancy, work in fruit

Go all Dutch masters on your guests by tossing a few pomegranates, oranges and red grapes in a wooden bowl and placing it next to your florals on the table. Or just casually leave the fruit on the tabletop itself, as if you dropped a few apples as you were cooking earlier, and they just happened to roll up next to the vase in an artful way.



5

Look beyond the table

In the same way that you'd string white lights all over the house, place your holiday flowers in places other than the table to achieve that full-on merry, merry look. A few suggested locations: next to the bathroom sink, on the fireplace mantel or on top of piles of magazines or books (an excellent way to distract guests from the fact that you didn't have time to put all the clutter away).

Celebrate the season with flameless candles

► A safer and brighter idea for holiday entertaining ► Enhance your decor with these modern touches

DESIGN CENTRE



KARL LOHNES
HOME@
METRONEWS.CA

The holidays are all about creating a magical mood in your home for entertaining; great music, special food and drink, and of course lots of candles to help set a festive mood.

I love to use candles everywhere around the house when having people over, but am also cautious about leaving them to burn on their own.

Flameless candles are a great option to real ones, and although you don't get some of the scents that are available with the real thing, the flicker and light that is cast would fool almost anyone.

Made of quality wax or plastic resin, the candle's inside houses an LED light

that flickers and is shaped like a small flame.

The tops can have the look of dripping wax coming down the sides for a traditional look or a clean-edge look for a more modern esthetic.

There is a small switch on the bottom that controls the on/off of the LED light.

Flameless candles are made in all standard candle sizes, from tiny votives to large three-wick style pillar candles.

I like the white or off-white four-inch pillar size candles as they are most classic and will be neutral enough to use year round.

As there are no safety worries with flameless candles, I like to display in places that I would never dream of using real ones — lining them up the staircase, outside on the front porch (no worries of them blowing out on a cold windy night), on window ledges, within the Christmas tree or in guest rooms.

For a realistic candle look, place them in glass



► Silvered flameless candles add a touch of glamour to the holidays. Battery-operated candles with timer; Ballard Designs

hurricanes and add some decorative touches around the base like cranberries, holly or small metallic ornaments.

You can also use a large grouping to adorn an unused fireplace; fill the empty fireplace with birch logs,

glass ornaments and a variety of flameless candle sizes.

Depending on the quality of batteries that come with the candles, the LED lights burn from 24 to 100 hours.

Flameless candles take a



► Modern flameless candles create a chic display when accessorized with other modern elements. Flameless Pillar Candle Set; Sears

variety of batteries; triple A and watch battery styles are most popular — it's always

smart to keep some extras on hand during the busy entertaining season.

WOOLLENS WANT CLEANING

Dear Charles the butler,
My mother says I need to wash woollens for the winter. Is this true? I've never washed my kids' woollens or any woollens for that matter. Surprised Mom

Dear Surprised Mom,

Wool gloves, scarves and leg warmers all need to be cleaned on a regular basis. Remember anything we touch and use gets dirty from the natural oils and dirt on our hands and in the air around us.

Not to mention every-

CHARLES THE BUTLER



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thing these garments come into contact with like the school bus, grocery store carts and school hallways.

So how to clean them? Well if you have a front loading washing machine

you most likely have a specific cycle that will allow you to safely launder wool garments. Note that top loaders will not always work as the centre agitator will damage the wool.

Remember to use half the amount of recommended soap, as you can always add more soap in a second cleaning but too much soap is hard to get out of the garment. Once washed, put the garment flat out on a towel and let them dry naturally. Do not put them in the dryer, ever!

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Weekly
Cookbook

150 Best Tagine Recipes (Robert Rose, 2011) by Pat Crocker offers a comprehensive history of traditional Moroccan tagine cooking, including an extensive Tagine Know-How section that answers all possible questions about tagines, as well as a North African Flavour Footprint section that profiles the 20 herbs and spices to provide authentic flavour.

Home cooks can bring Morocco into their kitchens with these tantalizing dishes: Cinnamon lamb tagine with apricots, minted lemon whitefish, fiery beef tagine, and more.

The magic of Morocco at home

► Bring the flavours of the Middle East to your kitchen with this easy tagine recipe for lamb

NEWS CANADA

Moroccan cuisine is renowned for its delicate balance of sweet and spicy flavours.

Try this easy slow-cooker tagine recipe with some convenient grocery store items to help you during the week.

Preparation:

1 In large heavy frying pan, heat oil over medium-high heat. Sprinkle lamb with salt and pepper. Cook for 10 to 12 minutes, turning occasionally, or until browned.

2 Transfer lamb to slow cooker. Stir onions and garlic into frying pan, reduce heat to medium-low and cook for 4 to 6 minutes or until softened. Transfer onion mixture to slow cooker.

3 Stir carrots, broth and sauce into slow cooker. Cover slow cooker, turn

Ingredients:

- 2 tbsp (25 mL) canola oil
- 1 boneless lamb shoulder, about 1 ½ lb (875 g)
- 1/2 tsp (2 mL) salt
- 1/2 tsp (2 mL) freshly ground black pepper
- 1 large white onion, halved and thinly sliced
- 2 cloves garlic, sliced
- 2 large carrots, peeled and cut diagonally in 1 ½ inch (4 cm) long pieces
- 3 cups (750 mL) sodium-reduced chicken broth
- 1 bottle (350 mL) PC Memories of Morocco Sauce

heat to low and cook for 10 to 12 hours or until lamb is very tender when prodded with fork.

4 Transfer carrots to a bowl; set aside. Remove lamb from slow cooker; using two forks, shred meat. Place lamb and carrots

Moroccan Lamb Tagine



► This recipe makes 6 servings.

on a platter; drizzle with sauce. Serve with couscous and hot buttered chickpeas, if desired. Tip: Garnish with chopped dried fruit,

such as apricots, figs or dates, if you like.

NEWS CANADA/PRESIDENT'S CHOICE/THIS RECIPE WAS ADAPTED FOR METRO BY EMILY

RICHARDS, A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT HER WEBSITE EMILYRICHARDSCOOKS.CA.

Shrimp, sausage and bison ... on a stick!

MATTHEW MEAD/THE ASSOCIATED PRESS

Middle Eastern Sage-Shrimp Bison Skewers



► Makes 40 bite-size skewers.

► Make a batch of these skewers to enjoy for a holiday gathering ► The combination of meats, spices makes for a great conversation appetizer

These Middle Eastern-style skewers combine a potent but delicious seasoning blend (gobs of black pepper and ground star anise) with a mix of ground sausage, bison and shrimp. The result is deliciously meaty and warmly spicy. And since the holidays are a time to entertain, we prepared these as tiny party-friendly skewers.

If you'd prefer them for dinner, you could use larger skewers with more meat (you'll need to adjust the cooking time). You can also skip the sticks entirely and form them into meatballs.

While I favoured bison in this blend because it is naturally lean, you could also use lean ground beef or turkey.

If you want to offer a simple dipping sauce for these skewers, mix together equal parts toasted

sesame oil, seasoned rice vinegar and soy sauce, as well as a bit of garlic powder and finely diced fresh chives.

Preparation:

1 Coat a rimmed baking sheet with cooking spray.

2 In a spice grinder, combine star anise and peppercorns. Grind until reduced to a fine powder. Set aside.

3 In a food processor, combine sausages, shrimp, onion and sage. Pulse until coarsely ground. Transfer to a large bowl. Add bison, salt, star anise-pepper mixture and breadcrumbs. Use your hands to mix well.

4 Break off a walnut-size chunk of the mixture

and form it in an oblong about 2.5 cm (1 inch) thick at the centre. Repeat with remaining meat mixture, arranging meat on prepared baking sheet. You should have about 40 oblongs. Broil for 3 minutes, then turn and broil for another 3 minutes or until cooked through. Alternatively, skewers can be cooked on a medium-high greased grill for about 3 minutes per side.

Tip: When grilling, the skewers can be inserted prior to cooking. Avoid this when using the broiler; the more intense heat of the broiler will burn the skewers.

5 Insert toothpicks or short skewers lengthwise into each just before serving.

Ingredients:

- 1 star anise
- 5 mL (1 tsp) black or mixed peppercorns
- 3 raw sweet Italian turkey sausages, casings removed
- 250 g (½ lb) raw shrimp, shells and tails removed
- 1 small onion, quartered
- 5 large leaves fresh sage
- 500 g (1 lb) ground bison
- 5 mL (1 tsp) salt
- 250 mL (1 cup) panko breadcrumbs

THE ASSOCIATED PRESS/ THIS RECIPE WAS ADAPTED FOR METRO BY EMILY RICHARDS, A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT HER WEBSITE EMILYRICHARDSCOOKS.CA.

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Time to think outside the box

THE HOCKEY NEWS

RYAN KENNEDY

EDMONTON@METRONEWS.CA



When will the Ryan Smyth bubble pop? Maybe it won't.

One of the biggest storylines coming out of the NHL this season has been the play of the affable left winger, who forced a trade from Los Angeles during the summer and has rewarded the Oilers ever since, tallying more than a point per game for a team that desperately needed scoring from players who don't get carded when they go out on a free Saturday night.

Smyth and captain Shawn Horcoff have stepped up in that regard and though health is still a concern, so has Ales Hemsky. It's too much to expect the dynamic kids of Edmonton to shoulder all the load and as expected, the road proved less friendly to Ryan Nugent-Hopkins than Rexall Place has been.

If there's one thing Smyth could improve up on this season it's discipline. On numerous occasions the Mulletted One has gone to the box for reasons less than understandable.

In fact, Smyth began the campaign by taking a dumb elbowing major during a 1-1 tie with Pittsburgh — with a game



▶ Edmonton forward Ryan Smyth has taken an uncharacteristically high amount of penalties this season.

misconduct tacked on for good measure. Luckily the Oilers killed the infraction and went on to win their season opener in a shootout, but it wasn't exactly veteran leadership at its finest.

But that's usually a major strength of Smyth's and one of the biggest reasons the Oilers were happy to welcome him back. The Alberta native has been through the wars, has seen

"The Alberta native has been through the wars, has seen highs and lows and knows what it takes to play in Edmonton."

highs and lows and knows what it takes to play in Edmonton. He immediately stuck up for younger stars, physically in the pre-season and that's what you need when you have the nascent talents that the Oilers have assembled.

But there's a difference between playing policeman and committing petty infractions. Right now, Smyth is tied for second on the team with 33 PIM. Now, 15 minutes of those came from the aforementioned elbow against the

Penguins, meaning the rest of the time in the sin bin came by nine minor penalties. That's second only to defenceman Theo Peckham, himself no specialist in self-restraint.

It's hard to find fault in Smyth's contributions to Edmonton this year when it comes to production and leadership, but it's tough to do either when you're sitting in the box for two minutes.

4

sports

Quoted



"I wasn't ready to say goodbye and move on."

GRADY SIZEMORE, ON WHY HE DECIDED TO RE-SIGN WITH THE CLEVELAND INDIANS. THE INDIANS WILL PAY HIM A BASE SALARY OF \$5 MILLION US NEXT SEASON. THE 29-YEAR-OLD CAN MAKE ANOTHER \$4 MILLION BASED ON PLATE APPEARANCES. THE DEAL ALSO INCLUDES AN AWARDS PACKAGE THAT INCLUDES \$500,000 IF SIZEMORE IS SELECTED COMEBACK PLAYER OF THE YEAR.

Detroit ready to put Packers to the test

The last time Aaron Rodgers and the Packers came to Detroit, they looked like anything but Super Bowl contenders.

Of course, the Green Bay quarterback has a perfectly valid explanation for why the Lions slowed him down. "They gave me a concussion," Rodgers said.

Rodgers recovered from that jarring December loss, leading the Packers to a Super Bowl title, but the way the Lions shut down their



NFC North rivals still resonates. This trip to Detroit to face Ndamukong Suh on the U.S. Thanksgiving holiday today could be the toughest remaining test of the regular season for the unbeaten Packers (10-0).

"We want to make sure that the players understand the tradition of this game, its importance to the city, its place in the history of the National Football League."

DETROIT LIONS COACH JIM SCHWARTZ

"Another game, another opportunity to get after another great team," said Suh, Detroit's imposing defensive tackle. "They're a great offence, and one that's very potent."

It's hard to imagine now,

but the Packers were actually in danger of missing the playoffs after they lost 7-3 in Detroit last season. Rodgers left with a concussion toward the end of the second quarter, but Green Bay was sputtering even while he

was in the game. Rodgers missed the following week's game, a loss to New England, but the Packers have won 16 straight since.

The Lions (7-3) face a daunting task if they're going to end their seven-game Thanksgiving losing streak. The last time they won their traditional holiday game was in 2003, when they intercepted Brett Favre three times in a 22-14 victory over Green Bay.

THE ASSOCIATED PRESS



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Rookie in exclusive company

► Nugent-Hopkins on pace to average more than a point a game in his first season, as Crosby, Ovechkin, Malkin did

If Ryan Nugent-Hopkins keeps this up, he'll find himself in some pretty exclusive company.

Not only is the 18-year-old centre leading the Edmonton Oilers in scoring, he's on pace to average more than a point per game — something only Alex Ovechkin, Sidney Crosby and Evgeni Malkin have accomplished as rookies since the lockout.

In retrospect, it seems silly there was even a debate about where he would play this season.

"Obviously, his intelligence is helping him find ways to adapt to a different level," Oilers general manager Steve Tambellini said in an interview yesterday.

Nugent-Hopkins has quickly put to rest all of the concerns about his size that were raised when Edmonton picked him first overall at the draft in June. The common thought then was that he would need more time with the WHL's Red Deer Rebels to fill out his slender six-foot-one frame.

The Oilers wisely decided to be patient and let Nugent-Hopkins make the decision for them. The organization tempered expectations heading into training camp and allowed the rookie to play nine regular-season games before choosing to keep him in the NHL.

"We purposely didn't allow our coaching staff and

scouting staff to really get down to discussions until we completed that process," said Tambellini. "With Ryan, we just said 'Be yourself, nothing more, nothing less. Just be yourself out there.'"

"Obviously, he's played very well for us so far."

Nugent-Hopkins has been particularly hot of late, racking up nine points in the last three games thanks in large part to a five-assist performance against Chicago over the weekend.

Ahead of tomorrow's game against Minnesota at Xcel Energy Center, the building where he was drafted, Nugent-Hopkins was tied with the rejuvenated Ryan Smyth for the team lead in scoring with 22 points in 21 games. Jordan Eberle was next at 21 points.

There is a fair bit of subtlety to Nugent-Hopkins' game. Not particularly flashy or fast, he possesses great on-ice vision and a knack for getting his linemates the puck. He's the kind of player who can pick up two or three assists in a game without drawing much attention.

And the native of Burnaby, B.C., has quickly become a go-to member of the Oilers, averaging nearly 17 minutes per game.

"You're not going to get the ice time at this level unless the coaches trust you in a lot of different sit-

uations," said Tambellini.

Nugent-Hopkins has even had an answer for those wondering how he might hold up to the physical rigours of life in the NHL. During Monday's game in Dallas, the 175-pound forward reacted to some rough play from Brenden Morrow by hammering the Stars captain to the ice. Morrow has 30 pounds and 14 years on the Oilers rookie.

Save for the baby face, Nugent-Hopkins looks like

staff was impressed about right from rookie camp is his intelligence in the defensive zone.

"To play centre, that position in the NHL as a young

person is quite a task at times."

One that Nugent-Hopkins is making look easy.

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WORK DAY**



an NHLer in every way. His value to the Oilers extends well behind the impressive offensive start.

"I think he's played well right from Day 1 of the regular season," said Tambellini. "People are focusing on the production and that's obvious, but I think what the coaching



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ALL-STAR FORMAT: There might not be a last-man standing when the NHL all-star draft is held in Ottawa this season.

One of the most memorable moments from last year's all-star weekend in Carolina was the sight of Maple Leafs forward Phil Kessel standing alone on stage prior to being selected with the final pick in the inaugural all-star draft. To soften the blow, Kessel was given a Honda CR-Z and \$20,000 for charity.

Rob Blake has inherited the all-star responsibilities from Brendan Shanahan this season and doesn't expect to make any major changes for the Jan. 27-29 event. However, he said yesterday that the status of the last-man standing is still "undecided."

Blake, the former NHL defenceman and current member of the league's hockey operations department, has meetings scheduled for next week to discuss the draft format and skills competition.

Among the suggestions that have been floating around is having the last few players selected in groups so that the attention isn't put on just one individual. Either way, it should be of little concern to Kessel — the NHL's scoring leader will be a more coveted pick this time around.

THE CANADIAN PRESS

RONALD MARTINEZ/GETTY IMAGES



► Ryan Nugent-Hopkins plays against Dallas on Monday.

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	22	12	6	2	2	67	53	28	7-1-2-0	5-5-0-2	4-4-1-1	L1
d-Florida	21	12	6	0	3	62	52	27	5-2-0-3	7-4-0-0	6-2-0-2	W3
d-Boston	20	13	7	0	0	69	42	26	8-5-0-0	5-2-0-0	10-0-0-0	W10
Philadelphia	21	12	6	2	1	79	65	27	5-4-1-1	7-2-1-0	6-2-1-1	W1
Toronto	22	12	8	1	1	70	70	26	6-3-1-1	6-5-0-0	4-5-0-1	W1
Washington	20	12	7	0	1	66	62	25	8-1-0-1	4-6-0-0	4-5-0-1	W2
Buffalo	21	12	8	0	1	61	55	25	5-6-0-1	7-2-0-0	6-3-0-1	L2
NY Rangers	18	10	5	1	2	48	39	23	5-1-0-1	5-4-1-1	7-2-0-1	L2
New Jersey	20	11	8	0	1	54	55	23	4-5-1-2	6-4-0-0	5-3-1-1	W1
Montreal	22	10	9	1	2	57	53	23	4-5-1-2	5-5-1-0	4-4-1-1	L1
Ottawa	21	10	9	1	1	62	70	22	5-4-0-1	5-5-1-0	4-4-1-1	L1
Tampa Bay	20	9	9	0	2	55	67	20	6-3-0-0	3-6-0-2	5-5-0-0	L2
Winnipeg	21	8	9	3	1	61	69	20	5-3-0-0	3-6-3-1	4-3-3-0	L1
Carolina	23	8	11	2	2	56	76	20	5-5-0-2	3-6-2-0	3-6-0-1	L3
NY Islanders	19	5	10	3	1	38	65	14	5-5-2-0	0-5-1-1	2-6-2-0	L1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Minnesota	21	13	5	2	1	50	42	29	8-2-1-0	5-3-1-1	9-1-0-0	W5
d-Chicago	21	12	6	1	2	71	67	27	7-1-0-2	5-5-1-0	5-4-1-0	L2
d-Dallas	21	13	8	0	0	56	57	26	8-3-0-0	5-5-0-0	5-5-0-0	W2
Los Angeles	22	11	7	2	2	54	53	26	6-5-0-1	5-2-2-1	5-3-1-1	L1
San Jose	18	12	5	1	0	57	43	25	5-3-1-0	7-2-0-0	7-2-1-0	W3
Detroit	20	12	7	1	0	58	46	25	8-2-1-0	4-5-0-0	7-3-0-0	W3
Phoenix	21	11	6	1	2	58	51	25	6-3-0-1	5-3-0-1	6-3-1-0	W1
Edmonton	21	11	8	0	2	57	51	24	6-2-0-1	5-6-0-1	4-6-0-0	W1
St. Louis	21	11	8	0	2	53	48	24	7-2-0-1	4-6-0-1	6-2-0-2	W1
Nashville	21	10	7	3	1	57	57	24	4-3-2-1	6-4-1-0	5-3-2-0	L3
Vancouver	21	11	9	0	1	61	57	24	5-3-0-1	6-6-0-0	6-4-0-0	W2
Colorado	22	9	12	1	0	56	68	19	3-8-0-0	4-4-1-0	2-7-1-0	L2
Calgary	20	8	11	1	0	45	56	17	4-5-1-0	4-6-0-0	4-6-0-0	L2
Anaheim	21	6	11	1	3	43	66	16	4-6-0-0	2-5-1-3	1-6-1-2	L5
Columbus	21	5	13	0	3	48	72	13	4-6-0-1	1-7-0-2	4-6-0-0	L1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

Vancouver 3 Colorado 0
Washington 4 Winnipeg 3 (OT)
Detroit 5 Calgary 3
St. Louis 3 Pittsburgh 2 (OT)
Florida 2 N.Y. Rangers 1
New Jersey 2 Columbus 1 (SO)
Boston 4 Buffalo 3 (SO)
Philadelphia 4 N.Y. Islanders 3 (OT)
Montreal 4 Carolina 3 (SO)
Minnesota 3 Nashville 2
Dallas 3 Los Angeles 2 (OT)
Phoenix 4 Anaheim 2
Chicago at San Jose
Tuesday's results
Toronto 7 Tampa Bay 1
Edmonton 6 Nashville 2
Los Angeles 3 St. Louis 2
Tomorrow's games
All times Eastern
Detroit at Boston, 1 p.m.
New Jersey at N.Y. Islanders, 1 p.m.
Montreal at Philadelphia, 1 p.m.
Edmonton at Minnesota, 2 p.m.
N.Y. Rangers at Washington, 4 p.m.
Chicago at Anaheim, 4 p.m.
Ottawa at Pittsburgh, 7 p.m.
Winnipeg at Carolina, 7 p.m.
Buffalo at Columbus, 7 p.m.
Tampa Bay at Florida, 7:30 p.m.
Calgary at St. Louis, 8 p.m.
Toronto at Dallas, 8:30 p.m.
Vancouver at Phoenix, 9 p.m.

CAPITALS 4, JETS 3 (OT)

First Period
1. Washington, Semin 5 (Ovechkin, Carlson) 5:23
2. Winnipeg, Ladd 7 (Antropov, Wellwood) 13:21
3. Washington, Chimera 7 (Laich, Alzner) 13:33
4. Winnipeg, Wellwood 7 (Ladd, Bogosian) 16:30
Penalty — Stuart Wpg (interference) 5:36.
Second Period
5. Washington, Backstrom 7 (Brouwer, Orlov) 3:08
Penalties — Wheeler Wpg (tripping) 4:48, Perreault Wash (boarding) 11:34, Knuble Wash (slashing) 12:14, Antropov Wpg, Laich Wash (roughing) 12:59.
Third Period
6. Winnipeg, Little 5 (Wheeler, Flood) 12:36
Penalty — Stuart Wpg (holding stick) 2:16.
Overtime
7. Washington, Chimera 8 (Wideman, Johansson) 1:52
Penalties — None.
Shots on goal
Winnipeg 10 9 6 0 —25
Washington 9 14 13 1 —37
Goal — Winnipeg: Pavelec (L,7-7-4); Washington: Vokoun (W,10-4-0).
Power plays (goals-chances) — Winnipeg: 0-2; Washington: 0-3.
Referees — Francis Charron, Kelly Sutherland.
Linesmen — David Brisebois, Tim Nowak.
Att. — 18,506 (18,398) at Washington.

CANUCKS 3, AVALANCHE 0

First Period
1. Vancouver, Malhotra 1 (Hodgson, Hansen) 17:03
Penalty — O'Brien Col (interference) 9:52.
Second Period
2. Vancouver, Burrows 6 (Hamhuis) 7:33
Penalties — D.Sedin Vcr (hooking) 0:14, Colorado bench (too many men; served by Lindstrom) 2:38.
Third Period
3. Vancouver, Kesler 3, 19:30 (en)
Penalties — Wilson Col (roughing) 0:43, H.Sedin Vcr (hooking) 7:54, Salo Vcr (delay of game) 10:05, Hamhuis Vcr (holding) 14:41.
Shots on goal
Vancouver 16 6 7 —29
Colorado 6 8 10 —24
Goal — Vancouver: C.Schneider (W,4-4-0); Colorado: Varlamov (L,5-9-1). **Power plays (goals-chances)** — Vancouver: 0-3; Colorado: 0-4.
Attendance — 15,538 (18,007) at Denver.

RED WINGS 5, FLAMES 3

First Period
1. Detroit, Holmstrom 2 (Lidstrom, Hudler) 6:14 (pp)
Penalty — D.Smith Cal (cross-checking) 5:18.
Second Period
2. Calgary, Iginla 6 (Tanguay, Butler) 0:44
3. Calgary, Morrison 1 (Jackman) 2:56
4. Detroit, White 4 (Datsyuk, Franzen) 7:38
Penalties — Hudler Det (hooking) 4:41, Emmerton Det (delay of game) 17:00.
Third Period
5. Detroit, Holmstrom 3 (Datsyuk, White) 2:42 (pp)
6. Calgary, Jokinen 5 (Brodie, Bouwmeester) 5:06 (pp)
7. Detroit, Datsyuk 5 (Lidstrom, Zetterberg) 12:39 (pp)
8. Detroit, V.Filipula 4 (Hudler, White) 13:53
Penalties — Butler Cal (hooking) 0:43, Abdelkader Det (holding) 3:10, Morrison Cal (diving), Kindl Det (hooking) 8:22, Cleary Det (hooking) 10:00, Giordano Cal (tripping) 11:17, Glenross Cal (slashing) 11:50.
Shots on goal
Calgary 8 7 7 —22
Detroit 8 16 6 —30
Goal — Calgary: Kiprusoff (L,8-8-0); Detroit: Howard (W,11-5-1). **Power plays (goals-chances)** — Calgary: 1-4; Detroit: 3-4.
Attendance — 20,066 (20,066) at Detroit.

SCORING LEADERS

	G	A	PT
Kessel, Tor	16	14	30
Lupul, Tor	11	15	26
Giroux, Pha	11	15	26
Versteeg, Fla	11	14	25
Vanek, Buf	11	13	24
Kopitar, LA	10	14	24
D.Sedin, Vcr	6	18	24
Ma.Hossa, Chi	9	14	23
Pominville, Buf	8	15	23
Smyth, Edm	11	11	22
Nugent-Hopkins, Edm	8	14	22
H.Sedin, Vcr	7	15	22
P.Kane, Chi	7	15	22
Backstrom, Wash	6	16	22
Neal, Pgh	12	9	21
Seguin, Bos	11	10	21
Skinner, Car	9	12	21
Weiss, Fla	8	13	21
Eberle, Edm	7	14	21
Stankos, TB	11	9	20
Franzen, Det	10	10	20
T.Fleischmann, Fla	9	11	20
Spezza, Ott	6	14	20

Last night's games not included

CFL PLAYOFFS

GREY CUP

Sunday's game
At Vancouver
Winnipeg vs. B.C., 6:30 p.m., EST

FOOTBALL

CIS PLAYOFFS

VANIER CUP

Tomorrow's game
At Vancouver
McMaster vs. Laval, 9 p.m., EST

TENNIS

ATP

BARCLAYS WORLD FINALS

At London

ROUND ROBIN

SINGLES

Group A

David Ferrer (5), Spain, def. Novak Djokovic (1), Serbia, 6-3, 6-1.
Tomas Berdych (7), Czech Republic, def. Janko Tipsarevic (9), Serbia, 2-6, 3-6, 7-6 (6).
Standings: x-Ferrer 2-0 (4-0), Berdych 1-1 (3-3), Djokovic 1-1 (2-3), a-Tipsarevic 0-1 (1-2), y-Murray 0-1 (0-2).
Standings: x-Federer 2-0 (4-1), Tsonga 1-1 (3-2), Nadal 1-1 (2-3), Fish 0-2 (1-4).

DOUBLES

Group A

Standings: x-Bryan-Bryan 2-0 (4-1), Lindstedt-Tecau 1-1 (2-2), Bhupathi-Paes 1-1 (2-2), Melzer-Petzschner 0-2 (1-4).
Group B
Standings: x-Mirnyi-Nestor 2-0 (4-1), Fyrstenberg-Matkowski 1-1 (2-3), Llodra-Zimonjic 1-1 (3-2), Bopanna-Qureshi 0-2 (1-4).
x — clinched semi-final berth; a — alternate; y — withdrew.

SOCCER

CHAMPIONS LEAGUE

FIRST ROUND

(Home teams listed first)

Yesterday's results

Bayer Leverkusen (Ger.) 2 Chelsea (Eng.) 1
Valencia (Spain) 7 Genk (Belgium) 0
Marseille (France) 0 Olympiakos (Greece) 1
Arsenal (Eng.) 2 Borussia Dortmund (Germ.) 1
Zenit St. Petersburg (Rus.) 0 APOEL (Cypr.) 0
Shakhtar Donetsk (Ukr.) 0 FC Porto (Port.) 2
AC Milan (Italy) 2 Barcelona (Spain) 3
BATE Borisov (Belar.) 0 Viktoria Plzen (Cze.) 1

SCOTLAND

(Home teams listed first)

PREMIER LEAGUE

Celtic 2 Dunfermline 1

ITALY

(Home teams listed first)

COPPA D'ITALIA

Fourth Round

Bologna 4 Crotone 2
Chievo Verona 3 Modena 0

NFL

AMERICAN CONFERENCE

EAST						
	W	L	T	Pct	PF	PA
New England	7	3	0	.700	293	203
N.Y. Jets	5	5	0	.500	228	217
Buffalo	5	5	0	.500	237	253
Miami	3	7	0	.300	193	186
SOUTH						
	W	L	T	Pct	PF	PA
Houston	7	3	0	.700	273	166
Tennessee	5	5	0	.500	203	195
Jacksonville	3	7	0	.300	125	180
Indianapolis	0	10	0	.000	131	300

NORTH						
	W	L	T	Pct	PF	PA
Baltimore	7	3	0	.700	256	176
Pittsburgh	7	3	0	.700	220	179
Cincinnati	6	4	0	.600	236	195
Cleveland	4	6	0	.400	145	193

WEST						
	W	L	T	Pct	PF	PA
Oakland	6	4	0	.600	235	254
Denver	5	5	0	.500	205	247
San Diego	4	6	0	.400	236	259
Kansas City	4	6	0	.400	144	252

NATIONAL CONFERENCE

EAST						
	W	L	T	Pct	PF	PA
Dallas	6	4	0	.600	250	206
N.Y. Giants	6	4	0	.600	228	228
Philadelphia	4	6	0	.400	237	213
Washington	3	7	0	.300	160	205

SOUTH						
	W	L	T	Pct	PF	PA
New Orleans	7	3	0	.700	313	228
Atlanta	6	4	0	.600	235	213
Tampa Bay	4	6	0	.400	182	268
Carolina	2	8	0	.200	225	286

NORTH						
	W	L	T	Pct	PF	PA
Green Bay	10	0	0	1.000	355	212
Detroit	7	3	0	.700	301	219
Chicago	7	3	0	.700	268	207
Minnesota	2	8	0	.200	200	271

WEST						
	W	L	T	Pct	PF	PA
San Francisco	9	1	0	.900	256	145
Seattle	4	6	0	.400	168	209
Arizona	3	7	0	.300	190	236
St. Louis	2	8	0	.200	120	247

WEEK 12

Today's games

All times Eastern

Green Bay at Detroit, 12:30 p.m.
Miami at Dallas, 4:15 p.m.
San Francisco at Baltimore, 8:20 p.m.
Sunday's games
Arizona at St. Louis, 1 p.m.
Tampa Bay at Tennessee, 1 p.m.
Cleveland at Cincinnati, 1 p.m.
Buffalo at N.Y. Jets, 1 p.m.
Houston at Jacksonville, 1 p.m.
Carolina at Indianapolis, 1 p.m.
Minnesota at Atlanta, 1 p.m.
Chicago at Oakland, 4:05 p.m.
Washington at Seattle, 4:05 p.m.
Denver at San Diego, 4:15 p.m.
New England at Philadelphia, 4:15 p.m.
Pittsburgh at Kansas City, 8:20 p.m.
Monday's game
N.Y. Giants at New Orleans, 8:30 p.m.

TRANSACTIONS

BASEBALL

AMERICAN LEAGUE

CLEVELAND INDIANS — Agreed to terms with OF Grady Sizemore on a one-year contract.
LOS ANGELES ANGELS — Agreed to terms with assistant general manager Matt Klentak on a multiyear contract.
MINNESOTA TWINS — Agreed to terms with C Ryan Doumit on a one-year contract.
TORONTO BLUE JAYS — Claimed C Brian Jeroloman off waivers from Pittsburgh.

NATIONAL LEAGUE

PITTSBURGH PIRATES — Agreed to terms with OF Brandon Boggs, RHP Kyle Cofield, RHP Jose Diaz, C Jake Fox, RHP Shairon Mar-tis and INF Stefan Welch on minor league con-tracts.

FOOTBALL

NFL

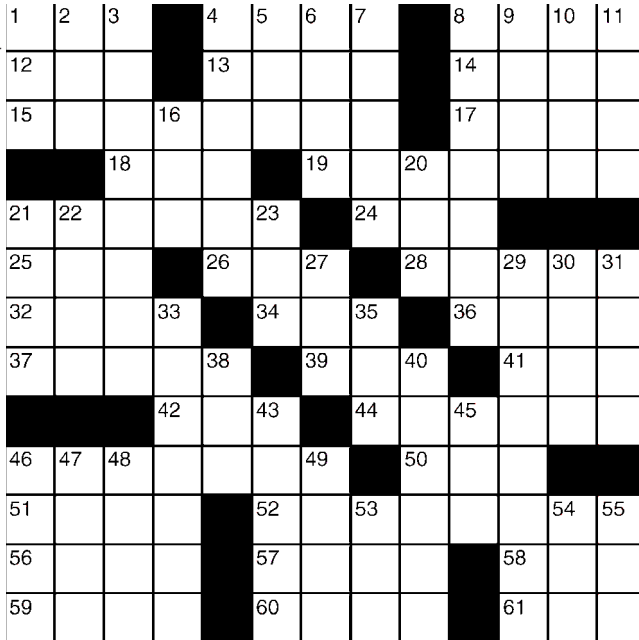
BUFFALO BILLS — Placed RB Fred Jackson on injured reserve. Signed RB Tashard Choice.
CINCINNATI BENGALS — Signed LB Bruce Davis to the practice squad.
NEW ENGLAND PATRIOTS — Waived S Ross Ventrone. Signed OL Donald Thomas. Re-signed CB Josh Victoriano to the practice squad.
NEW YORK GIANTS — Signed CB Will Black-mon. Placed CB Michael

Crossword

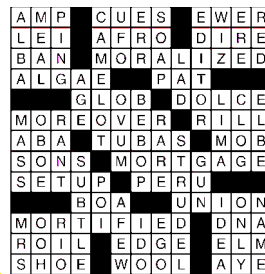
Across

1 Household member
4 Shock
8 Baby bed
12 Retirement plan acronym
13 Acknowledge
14 Humdinger
15 Sports fans' party site
17 With dexterity
18 Journey segment
19 Blue quality
21 Light colour
24 Frat-party need
25 Matterhorn, for one
26 Slight touch
28 Staff members?
32 Pacific rings?
34 Standard
36 Bar
37 Red Square tomb occupant
39 Hee follower
41 Rage
42 Silent
44 Deceived
46 Lottery payment, perhaps
50 Legislation
51 Eye part
52 Exhaust outlet
56 Gambling game
57 Mexican entree
58 Pen point
59 Verve
60 Old World duck
61 Society newcomer

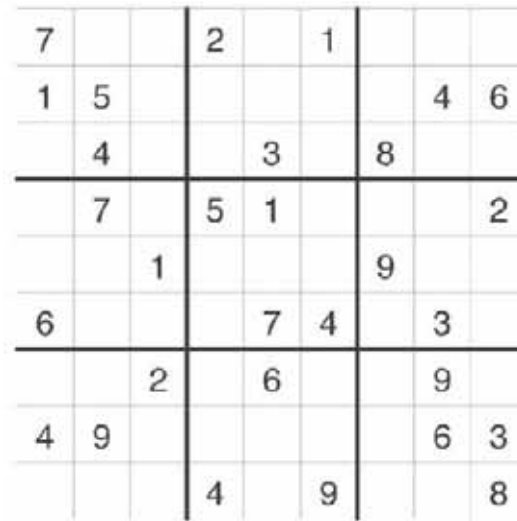
Down
1 Trench
2 Geological period
3 Severe decline
4 Rough, as rocks
5 Eggs
6 Oodles
7 Adapt slightly
8 Din
9 Cartoonist Goldberg
10 Troubles
11 Purchases
12 Allow
13 Lair
14 Cover of gloom
15 Sheltered
16 Once around the track
17 Scrooge's cry
18 Aid when airborne
19 Hibernia
20 Coaster
21 Springfield sur-name
22 Aries
23 Greek consonants
24 Cricket-bat wood
25 Mongrels
26 Fool
27 Board game, ce-real or magazine
28 Caspian Sea feeder
29 Actress Sorvino
30 "Just the facts, —"
31 "Rocks"
32 Slapstick missile
33 Recede



► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►



A look at the weather

TODAY Min -10° Max 0°
TOMORROW Min -2° Max -1°
SATURDAY Min -8° Max -1°

Michele McDougall Weather Specialist

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 5:30 AM



Today's horoscope

♈ Aries March 21-April 20 If you keep in mind at all times that there is no such thing as a "sure thing" you won't go far wrong.

♉ Taurus April 21-May 21 If friends and family choose to oppose you don't push the issue. They'll come around eventually.

♊ Gemini May 22-June 21 If you try to have everything perfectly planned before you start a project, chances are you won't get started at all.

♋ Cancer June 22-July 22 You will do the exact opposite of what others expect of you today.

♌ Leo July 23-Aug. 23 Anyone who tries to tell you that you are going about something in the wrong way will be treated with your usual Leo disdain.

♍ Virgo Aug. 24-Sept. 22 You want to be taken seriously by your peers, but that will only happen if you are clear in your own mind what it is you believe.

♎ Libra Sept. 23-Oct. 23 There's a whole world out there waiting to be dazzled by your brilliance.

♏ Scorpio Oct. 24-Nov. 22 You will be the centre of attention for quite a while to come.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ Sagittarius Nov. 23-Dec. 21

Do you take on more work or do you enjoy more leisure time? Only you can decide.

♑ Capricorn Dec. 22-Jan. 20

Before you move ahead with a creative project it might be wise to get some input from those whose advice you trust.

♒ Aquarius Jan. 21-Feb. 18

Deep down you know there is something underhanded going on.

♓ Pisces Feb. 19-March 20.

Don't put your hands over your ears and pretend you can't hear.

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Caption contest



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Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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